FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHAN
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GES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden 0.5 hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Reikes Peter N						2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC IONS										cable) or (give title	g Pers	10% Ov	vner
(Last) (First) (Middle) C/O IONIS PHARMACEUTICALS, INC. 2855 GAZELLE COURT					10/	Date of Earliest Transaction (Month/Day/Year) 10/15/2020 4. If Amendment, Date of Original Filed (Month/Day/Year)									below)		Filing	below)	nlicable
(Street) CARLSE			92010 (Zip)		, 4. 11	4. II Amendment, Date of Onginal Filed (Month/Day/Tear)									dividual or Joint/Group Filing (Check Applid) Form filed by One Reporting Person Form filed by More than One Reportin Person				n
		Tab	le I - Non	-Deriv	ative	Sec	curiti	es Acc	quired,	Dis	posed o	of, or B	ene	eficial	ly Owne	d			
Date				Date	Transaction te onth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (I 8)	4. Securi Disposed 5)	urities Acquired (A) o sed Of (D) (Instr. 3, 4 a			Benefici	es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Pri		Price	Transac	Transaction(s) (Instr. 3 and 4)			(11150.4)
Common	Stock			10/15	5/2020	0 10/15/2020 M ⁽¹⁾ 1,778 ⁽¹⁾ A \$0 5,334				D									
		Т	able II - I (osed of onverti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	Code (Ins		on of		6. Date Ex Expiration (Month/Da	Date		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisabl		xpiration ate	Title	OI N Of	umber					
Restricted Stock	(2)	10/15/2020	10/15/20	020	M			1,778	(3)		(3)	Common Stock	1	1,778	\$0	3,554		D	

Explanation of Responses:

- 1. Acquired pursuant to vesting and release of shares pursuant to Restricted Stock Unit awards.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 3. These Restricted Stock Units vest in four equal annual installments. Upon vesting, the Restricted Stock Units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.

Remarks:

/s/Patrick R. O'Neil, attorney-

10/19/2020

in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.